



ST. JOSEPH'S CATHEDRAL

Church Notice

SIXTH SUNDAY OF EASTER
~ 25th May 2025 ~

Tel.: 082-423424

Website: stjosephkuching.org

Email: sjcoffice@yahoo.com.my

THE SECOND COLLECTION this week is for the **Development Fund**.

DAILY RECITATION OF THE HOLY ROSARY is held as follows in the month of May:

- **Weekends:** Half an hour before Saturday Sunset & Sunday Masses in the Cathedral.
- **Monday - Thursday:** 8:00 pm at the Cathedral's Shrine of Our Lady.
- **Friday:** 7:00 pm at Carmelite Chapel before the usual Friday Holy Hour at 7:30 pm.

CHARISMATIC PRAYER MEETING will be conducted by the Bread of Life Catholic Charismatic Covenant Community (BoL) **this Sunday, 7:30 pm to 9:30 pm** at the Day Chapel. All are encouraged to come and support these outreach efforts and do invite your friends.

ONLINE SMART LOVING ENGAGED MARRIAGE PREPARATION COURSE will be conducted in **English** on *8 consecutive Sundays* from **8th June to 27th July**. **Registration is open from 1st to 26th May** OR when the maximum pax of 40 couples is reached (*whichever comes first*). The registration fee is **RM80 per couple** (*inclusive of Smart loving workbook to be collected from St. Joseph's Parish Office upon registration*). Couples intending to marry in Church are invited to register for this course via this link: <https://kuchingcatholic.org/directories/marriage-preparation-course-smart-loving/>

SOLEMNITY OF THE ASCENSION falls on Thursday, **29th May**. This is a **Holy Day of Obligation**. Holy Mass will be celebrated as follows:

Date	Venue	Time (Language)
Sunset Mass Wednesday, 28 th May	Cathedral	6:00 pm (Mandarin) <i>The 5:30 pm daily Mass will be cancelled.</i>
		8:00 pm (English) <i>The Rosary recitation will begin at 7:30 pm in the Cathedral (NOT 8:00 pm at Our Lady's Shrine)</i>
Mass of the Solemnity Thursday, 29 th May	Carmelite Chapel	7:00 am (English)
	Cathedral	7:00 am* (English)
		9:00 am (English)
		5:30 pm (English)
		7:30 pm (Bahasa Malaysia) <i>The Rosary recitation will begin at 7:00 pm in the Cathedral (NOT 8:00 pm at Our Lady's Shrine)</i>

***Live-stream Mass**

The Parish Office and SJC Counselling Centre will be **CLOSED** on **Ascension Thursday**. For sick calls during public holidays and after office hours, please call **016-8922633**. During normal office hours, please call the Parish Office at 082-423424.

CLOSING OF THE MAY ROSARY DEVOTION will be held next Friday, **30th May** at the **end of the 5:30 pm daily Mass** at the Cathedral with Rosary recitation at the Shrine of Our Lady. All are welcome!



SOTONG GAME-2025
SPORT DAY

“体育，用其普世性的语言
可以在各不同文化和宗教的人与民族之间
建造起友谊与团结互助的桥梁。”
(教宗方济各, 2022年2月2日)

6月7日
7.00am-1.00pm

 **三合兴小学**



报名表格

如有任何疑问, 请联络:
KAYC - Sing 011 7257 3262
圣若瑟总主教座堂 - Jeffery Goh 016 854 0811
圣体堂 - Melissa 011 1052 7338
圣三堂 - Vincent 016 850 4248
圣心堂及圣马尔古堂 - Jeffery Ting 016 589 6589
圣亚纳堂 - Joanne 013 800 0517

报名费: RM20
截止日期: 30/5/2025
有意乐捐者请联络 KAYC

 **KAYC**
KUCHING ARCHDIOCESAN YOUTH COMMISSION

CHINESE YOUTHS' SPORTS DAY: 'SOTONG GAME- WHERE FUN AND FAITH ARE ONE' will be organised by the Kuching Archdiocesan Youth Commission (KAYC) in collaboration with the various Chinese-speaking youth groups with the aim to foster friendship and solidarity amongst parishioners. The event will be held on Saturday, **7th June, 7:00 am to 1:00 pm** at SJK(C) Sam Hap Hin, Kota Sentosa.

Registration fee is RM20 per head (*inclusive of lunch and prizes*). Those interested can register by scanning the QR code latest by Friday, **30th May**. Youths aged 12 to 30 are cordially invited to join in the fun! For further queries, feel free to contact KAYC: 011-72573262 OR reach out to the youth leader of your parish.

MARRIAGE PREPARATION COURSES (for parishioners from Kuching Archdiocese only) will be conducted as follows:

REGISTRATION PERIOD	COURSE DATE	LANGUAGE	VENUE
5 th - 30 th May	21 st , 22 nd , 28 th , 29 th June & 13 th July	English	St. Mary Conference Hall, Level 2, A.C.C.P.C.
5 th May - 20 th June	5 th , 6 th & 27 th July	BM	St. Rose Conference Hall, Level 2, A.C.C.P.C.

Couples planning to get married are advised to attend this course at least six month (*preferably more than 6 months*) before their intended church wedding. The registration fee is **RM200 per couple** (*including of lunch / tea breaks and books*). Registration period is as stated above OR when we reach the maximum capacity for each session (*whichever comes first*). Please register early via this link:

<https://sites.google.com/view/sjc-marriage-prep-course/home>

THE SUNSET MASS CHILDREN'S LITURGY OF THE WORD MINISTRY will be taking a break for Gawai on Saturday, **31st May**. They will resume session on **7th June**.

NATIONWIDE HUMANITARIAN APPEAL TO SUPPORT THE EARTHQUAKE VICTIMS IN MYANMAR & THAILAND - Parishioners can continue to contribute to this Relief Fund until **31st May** by making **cash donations to SJC Parish Office** OR **online transfer** via the QR code provided OR to the **RHB Bank** account stated below:

Account Name: **Caritas Malaysia**
Account Number: **20708200054188**
Reference: **"CaritasMy Myanmar Relief"**

Notification: Kindly email your
transfer slip to info@caritas.org.my

In addition, all the faithful are urged to earnestly pray for the victims and their families, for all relief workers and volunteers, and especially for those who are suffering in silence and despair. Let us, as Pilgrims of Hope, bring the light of Christ to those in darkness. May our generous response be a living testimony of the mercy of our Heavenly Father and the unity of the Body of Christ.



CLOSING DATE: NEXT SATURDAY, 31ST MAY 2025



Catholic Bishops' Conference of Malaysia (CBCM)

Pastoral Letter on Earthquake in Myanmar and Regional Solidarity Appeal

Dear Brothers and Sisters in Christ,

Peace be with you

It is with a heavy heart that I write to you following the recent and devastating earthquake that struck Myanmar and Thailand. The destruction has been extensive – especially in Myanmar, where thousands have lost their lives, countless more have been injured or displaced, and entire communities, including Catholic parishes and missions, have been reduced to rubble.

In the face of such suffering and devastation, we, the Church in Malaysia, is called to respond – not only with compassion and prayers but with concrete acts of solidarity and hope. Let us unite our hearts with the people of Myanmar and Thailand during this painful time. Let us remember them in our prayers and respond generously to their urgent needs.

A Nationwide Humanitarian Appeal from 26th April – 31st May 2025

The Catholic Bishops' Conference of Malaysia (CBCM) is launching a nationwide humanitarian appeal, and we invite all faithful – clergy, religious, and laity – to participate in the following ways:

**1. Donate to special 2nd Collection on weekend of *Divine Mercy Sunday*
26th -27th April 2025**

2. Ongoing Donations until 31st May 2025

Additional donations can be made through:

- **Parish Offices:** Cash donations may be handed in at any parish office. These will be channelled to Caritas Malaysia.
- **Online Transfers:**

☒ **Duit Now QR code.**

☒ **Account Name: Caritas Malaysia**

Bank: RHB Bank

Branch: No. 380-A, Jalan Burma, 10350 Georgetown, Pulau Pinang

Account Number: 20708200054188

SWIFT Code: RHBBMYKL

Reference: "CaritasMy Myanmar Relief"

Notification: Kindly email your transfer slip to info@caritas.org.my

HUMANITARIAN HELP FOR MYANMAR EARTHQUAKE RELIEF

The Catholic Bishops' Conference of Malaysia (CBCM) has initiated a nationwide humanitarian appeal to support victims of the recent earthquake that struck Myanmar. This effort aims to provide essential aid and assistance to those affected by the disaster.

The bishops are appealing for contributions towards long-term recovery and rebuilding efforts.

A donation campaign has been launched by Caritas Malaysia - the social mission arm of CBCM - which engages in works of integral human development, charity, relief, care for creation and social services.



Donations can be made online to Caritas Malaysia / RHB Bank • AC No: 20708200054188
Reference: "CaritasMy Myanmar Relief" or via designated church collections/parish offices until
May 31st, 2025.



ARCHDIOCESE OF KUCHING PILGRIM'S PASSPORT 2025

As an official pilgrimage centre of the Archdiocese of Kuching,
St. Joseph's Cathedral welcomes you to deepen your faith,
encounter God, and walk as a Pilgrim of Hope.



1. Collect a passport here if you don't have one. *(Love offering appreciated)*
2. Use the stamp provided to mark your passport.
3. Keep your passport safe as a record of your pilgrimage journey.



This passport accompanies you on your Jubilee 2025 pilgrimage—a journey of faith, renewal, and encounter.
As a Pilgrim of Hope, may it guide you in embracing God's mercy, deepening your trust in His promises,
and sharing His love with the world.

JUBILEE YEAR OF HOPE 2025 - ARCHDIOCESE OF KUCHING PILGRIM'S PASSPORT are available at the Holy Door for parishioners and pilgrims visiting the Cathedral. **The Pilgrim's Passport** is a prayer guide for pilgrims to record their visits to the various pilgrimage centres in the Archdiocese *(using the stamp chop available)*. **A Prayer Petition Box** is available for pilgrims to submit their personal prayer intentions. Pilgrims are also encouraged to support the Cathedral via the **Love Offering Box** located at the main entrance *(near the Holy Door)*.

GAZETTED PUBLIC HOLIDAYS - The Parish Office and SJC Counselling Centre will be closed on 2nd to 4th & 7th June.

For sick calls during public holidays and after office hours, please call 016-8922633. During normal office hours, please call the Parish Office at 082-423424.



**TUN TAN CHENG LOCK
COLLEGE OF NURSING
ASSUNTA HOSPITAL**
DK071(B)

3
TAHUN
SEPENUH
MASA



**ELAUN
BULANAN
MENARIK
SEHINGGA:**

**RM
1300**

DIPLOMA KEJURURAWATAN KEMASUKAN: 1st JULAI & 6th OKT 2025

	SABAH	SARAWAK
Tarikh	13.6.2025 (Jumaat)	14.6.2025 (Sabtu)
Masa	11.00am - 1.00pm	10.00am - 1.00pm
Lokasi	Sacred Heart Parish Centre Kota Kinabalu, Sabah	St John & Lucy Conference Hall, 2nd Floor Archdiocesan Curia Cathedral Pastoral Centre (ACCPC), St Joseph's Cathedral Kuching Sarawak.

- Belajar kejururawatan secara percuma
- SPM (atau setaraf) dengan sekurang-kurangnya 5 kredit termasuk BM, Bahasa Inggeris, Matematik, Sains dan satu mata pelajaran lain
- Pekerjaan Terjamin di Hospital Assunta (*Terma dan syarat dikenakan)

Daftar Sekarang!

melalui laman web atau hantarkan emel kepada kami

Untuk maklumat lanjut, Sila hubungi

☎ 03 78723000

☎ 011 5646 1642

🌐 www.assuntacollege.edu.my

✉ ftcl@assunta.com.my



RS/0913/4/0002 (MQA/FA7201) 03/26

TUN TAN CHENG LOCK COLLEGE OF NURSING (also known as **Assunta College of Nursing**) is located in Petaling Jaya, Selangor. The college is dedicated to provide comprehensive education and training to aspiring students to evolve into becoming competent professional nurses. They are currently offering **SCHOLARSHIPS** to deserving candidates to pursue a **3-year Diploma in Nursing** programme.

*The two certifications offered are **Diploma in Nursing** and **Specialisation Course (Post Basic Course)**, with a **monthly allowance of RM1,300**.* Selected candidates will have the opportunity to pursue their specialisation course (Post Basic) in various nursing fields after working for more than 2 years in Assunta Hospital. Their new intakes will commence on **1st July** and **6th October 2025** respectively. Candidates can apply via the college website: <https://assuntacollege.edu.my>

The Assunta recruitment team will be in Kuching on Saturday, **14th June, 10:00 am to 1:00 pm** at Sts. John & Lucy Conference Hall, Level 2, A.C.C.P.C. to conduct walk-in interviews.

ONLINE REGISTRATION FOR MASS OFFERING (MO) & COMBINED REQUIEM MASS

(CRM) - Parishioners may offer Mass online via the below links:

Type	Link
Mass Offering (MO)	https://forms.gle/APkbscLMAG2Bcd7F9
Combined Requiem Mass (CRM)	https://forms.gle/yNixf4JrhMN61Z9h9

To offer Mass, parishioners can also visit our Parish website: <https://stjosephkuching.org>. If you face any difficulty registering using the above link, please email your queries to sjcoffice@yahoo.com.my and our admin staff will revert soonest.

Mass Offering (MO) intentions will be offered by our priests privately on a daily basis except on Sunday. *Any request for a mass to be said for your prayer intention on a 'specified' date must be submitted to the Parish Office **at least one week in advance**. Otherwise, your prayer intentions will be offered up at any time (at the discretion of our priests).*

Intentions for **Combined Requiem Mass (CRM)** in **June** will be offered on Friday, **20th June**. Please send in your CRM form with proof of payment by Thursday, **19th June before 12:00 noon**.

Note: The stipend (money) given by the Christian faithful for a Mass to be offered for a particular intention is not a fee but an expression of our gratitude to God and our contribution to the Church. Official receipts will be issued by the Parish Office accordingly.



CATHOLIC FUNERAL & BURIAL SERVICE - The **Catholic Mutual Benefit Society (CMBS)** of the **Kuching Archdiocese** provides assistance to bereaved families at the time of death. Their services include providing advice regarding Christian rituals, cemetery plots, columbarium, caskets, transportation, arrangement for funeral masses, wake prayers for the dead, etc..

For more information regarding membership or in time of need / bereavement, **Catholics are advised to contact the following persons for assistance** to avoid unnecessary hassle and confusion with regards to Catholic funeral rites and services:

CMBS Office: Beatrice Mary Goh (Tel: 082-244493)

On-call: Christopher Chin (Hp: 019-8563438)

讲座一：牧民拜访技巧

探访除了祈祷和念玫瑰经，
你知道其实还要懂得说话技巧吗？

27/6/25（星期五）7:30pm-9:30pm
圣若瑟总主教座堂牧灵中心讲堂

讲座二：重建亲密家庭关系

住在同一屋檐下，但缺沟通倒像共住一屋
的租户，问题在哪里呢？

28/6/25（星期六）2:30pm-4:30pm
BDC圣体堂蔡钦友礼堂

讲座三：陪伴哀伤与失落者

面对经历生命中创痛的对象，
一句我了解你的痛苦，就能让对方释怀吗？

1/7/25（星期二）7:30pm-9:30pm
七哩圣心堂小教堂

心理健康讲座

27.6.2025 - 1.7.2025

古晋总教区华语教务协进会主催
圣体堂 圣若瑟 圣心堂华语联委会联办



蔡钊发神父

加影圣家堂副本堂

精英大学心理谘商心理学硕士

罗马圣多玛斯大学灵修学硕士及牧民神学硕士

吉隆坡总教区心理健康事工教会助理/神师

心驿站执行长

马来西亚执照与注册谘商心理师/督导



MENTAL HEALTH TALK SERIES IN MANDARIN will be organised as per below by the Association of Chinese Apostolates of the Kuching Archdiocese to empower and equip parishioners with the “know-how” to reach out to the vulnerable and broken-hearted living amongst us.

The speaker is Rev. Fr. Philip Chua from Holy Family Church, Kajang. Fr. Chua (a registered and licensed Counsellor under the Lembaga Kaunselor Malaysia) also holds a Licentiate in Sacred Theology (Angelicum University) and a Master in Pastoral Theology.

Date	Time	Location	Topics
Friday, 27 th June	7:30 pm - 9:30 pm	Mater Domini Auditorium, Level 2, A.C.C.P.C	Walking with Others: Skills for Pastoral Care
Saturday, 28 th June	2:30 pm - 4:30 pm	Fr. Dato Lawrence Chua Hall, Blessed Sacrament Church, BDC	Nurturing Healthy Family Relationships & Mental Well-being
Tuesday, 1 st July	7:30 pm - 9:30 pm	Sacred Heart Church, Kota Sentosa	Understanding and Coping with Grief & Loss

All are welcome! No registration is required.



OTHONIA



ATENEUM
PONTIFICUM
REGINA
APOSTOLORUM

WHO IS THE MAN OF THE SHROUD?



Some believe he's Jesus of Nazareth. Others are skeptical. Some don't know what to think.
WHAT CAN SCRIPTURE AND SCIENCE REVEAL ABOUT THE SHROUD OF TURIN?
STEP INSIDE, GATHER THE EVIDENCE, AND REFLECT ON JESUS' QUESTION:
WHO DO YOU SAY THAT I AM?

COME AND JOIN US AT ST. JOSEPH'S CATHEDRAL FOR
TWO INSPIRING EVENINGS



ARCHBISHOP EMERITUS JOHN HA

7 JULY 2025 | 7:30PM

FROM THE SWADDLING CLOTHS IN
THE MANGER TO THE LINEN CLOTHS
IN THE TOMB



SCAN HERE



FR. ANDREW DALTON, LC

8 JULY 2025 | 7:30PM

DISCOVER THE MYSTERY OF THE
SHROUD OF TURIN AND FACE THE
QUESTION: WHO DO YOU SAY THAT I AM?

"For God so loved the world that he
gave his only Son... not to condemn
the world, but to save it." (John
3:16-17)

Out of love, Jesus came as a child in
swaddling cloths, laid in a manger.
Rejected and crucified, He was laid
in a tomb, wrapped in linen. But He
rose again—leaving the cloths
behind—securing eternal life for all.

A JUBILEE YEAR INITIATIVE IN
COLLABORATION WITH OTHONIA

Fr. Andrew Dalton, a Catholic priest of
the Legionaries of Christ and professor
at the Pontifical Athenaeum Regina
Apostolorum in Rome, is currently
traveling the world giving lectures on
the Shroud.

We are blessed to welcome him to
Kuching. His talks beautifully blend
theology, science, and archaeology.

CONTACT MS. BERNADINE SAMMY +6019-226 2758 KUCHING.APC@GMAIL.COM

“WHO IS THE MAN IN THE SHROUD?” will be an illuminating two-evening experience on **7th & 8th July, 7:30 pm** at the Cathedral. This event is designed to deepen our understanding of the **Christ Jesus' salvific mission** and unravel the captivating **mystery of the Shroud of Turin**. This is a Jubilee Year initiative in collaboration with Othonia, a part of the Science and Faith Institute at the **Regina Apostolorum Pontifical Athenaeum** in Rome.

Registration is free and those interested can scan the QR code to register. Closing date for registration is Monday, **30th June**. All are welcome!

SCHOLARSHIP 2026 FOR ST. JOSEPH'S PRIVATE SCHOOL - Students who are currently in Primary Six this year are invited to apply. Their monthly household income must not exceed **RM5,250**. The Scholarship will cover school fees, allowance, uniform and textbooks on loan starting from Form One in 2026 academic year. Forms are available at SJC Parish office, www.ylk.org.my or YLK office. Please submit the duly-completed application form to Yayasan Lasallian Kuching Office OR to YLK email: ylkuching@gmail.com before Monday, **30th June**. For further query, please contact Allan Tan: 010-9726135.

RITE OF CHRISTIAN INITIATION FOR ADULTS (RCIA) & ADULT CONFIRMATION SESSIONS (2025-2026) will commence in July 2025. Adults who are interested to learn more about the Roman Catholic faith are cordially invited to come and join us. These sessions are not only for those seeking to be *baptised* but also for adult Catholics who wish to prepare for the *Sacrament of Confirmation*.

The RCIA & Adult Confirmation new intake is now open for registration as follows:

ENGLISH STREAM

✓ **RCIA**

✓ **Adult Confirmation**

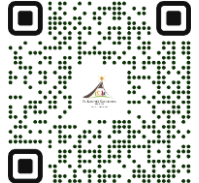
Commencement Date: 3rd July 2025

Faith Formation Sessions: Every Thursday

Time: 7:30 pm - 9:00 pm

Venue: Sts. John & Lucy Conference Hall, Level 2, A.C.C.P.C.
(within St. Joseph's Cathedral compound)

Registration Link: <https://forms.gle/Yd8RktBpEEC6hNo18>



MANDARIN STREAM

✓ **RCIA**

✓ **Adult Confirmation**

Commencement Date: 3rd July 2025

Faith Formation Sessions: Every Thursday

Time: 7:30 pm - 9:00 pm

Venue: St. Matthew Room, Ground Floor, Parish Centre

Registration Link: <https://forms.gle/P7qucxEcoQhAgiVd7>



BAHASA MALAYSIA & IBAN STREAM

✓ **IKD**

Commencement Date: 6th July 2025

Faith Formation Sessions: Every Sunday

Time: 1:30 pm - 3:30 pm

Venue: Level 2, A.C.C.P.C. (within St. Joseph's Cathedral compound)

Registration link: <https://forms.gle/xp4WXVeq8wSe3aAt9>



ORGANISE BY : CHINESE LIAISON COMMITTEE, HTC, KENYALANG



INTRODUCTION TO THE GOSPEL OF (Mandarin)

MARK

Read • Connect • Remember — The
Catholic Key to Unlocking the
Gospel of Mark

22.7.2025 (TUE)

GOOD SHEPHERD HALL, HOLY TRINITY CHURCH

8am - 5pm

SPEAKER: ANGELINE CHNG



REGISTRATION FEE

RM50

INCLUDES LUNCH, REFRESHMENTS & A COPY OF
《THE GOSPEL OF MARK SCRIPTURE WORKBOOK》



SCAN TO REGISTER



REGISTRATION CLOSING DATE: 15.7.2025

For inquiries, please contact:

+60 16-878 1502 Rachel Teo

+60 13-822 9603 Vivian Teo

"INTRODUCTION TO THE GOSPEL OF MARK" is a catechetical program in Mandarin organised by the HTC Chinese Liaison Committee on Tuesday, **22nd July, 8:00 am to 5:00 pm** at the Good Shepherd Hall, Holy Trinity Church, Kenyalang, to explore the Gospel of Mark using a **"Read • Connect • Remember"** approach guided by speaker, Ms. Angeline Chng. This program is designed to help participants in the reading, understanding and remembering the Sacred Scripture more effectively, uncovering the treasures of God's Word.

Those interested can register via the QR code provided. A registration fee of RM50 per head will be charged to cover food and workbook material. Closing date for registration is Tuesday, **15th July**. For more information, please contact Rachel Teo: 016-8781502 or Vivian Teo: 013-8229603. All are welcome!



VOCATION PROMOTION: LIFE DIRECTION WEEKEND 2025 with the theme: ***“What do you want me to do for you” (Mark 10:51)*** will be organised from **22nd to 23rd November** at St. John de Brebeuf Catholic Church, Kampung Tematu ***for participants who are interested to know more about the priesthood or religious life.*** Those interested can collect the registration form from the Parish Office and submit by Sunday, **2nd November**. The Commitment fee is RM30 per head.

Below are some criteria for interested participants:

- ✓ Male or female aged 18 years and above
- ✓ Single and never been married
- ✓ School leaver or young working adult
- ✓ Has received the Sacrament of Baptism and Confirmation
- ✓ Committed Christian and willing to explore and live up to God's calling

CHOICE ENGLISH WEEKEND 40

18 - 20 JULY 2025



**ST LUKAS CENTRE
KOTA PADAWAN**



CONTACT

JANE - 012 884 2363

ADELINE - 013 827 0311



@CHOICEKCH



**A RETREAT FOR
SINGLE WORKING ADULTS
AGED 21 -45**

REGISTER NOW!

@ RM160



CLOSING DATE : 15.06.25

HUJUNG MINGGU CHOICE BM 2

5 - 7 SEPT 2025



**ST LUKAS CENTRE
KOTA PADAWAN**



SILA HUBUNGI

PRESCILLA - 016 855 0214

ADELINE - 013 827 0311



@CHOICEKCH



**PROGRAM UNTUK BELIA
YANG BERKERJA & BELUM
BERKAHWIN BERUMUR 21-45**

YURAN PENDAFTARAN

@ RM160



TARIKH TUTUP : 04.08.25

CHOICE WEEKEND (specifically for single working adults between the ages of 21 - 45 years) will be held at St. Lukas Centre, Kota Padawan from 18th to 20th July in English and from 5th to 7th September in Bahasa Malaysia.

Registration forms are available at <https://sites.google.com/view/choicekuching> or by scanning the QR code provided. Closing date for registration is Monday, 16th June for English and Monday, 4th August for Bahasa Malaysia. All single working adults are invited to join this weekend away.



SJC COUNSELLING CENTRE

Ground Floor, Parish Centre, St. Joseph's Cathedral
Compound, Batu 1, Jalan Tun Abang Haji Openg, 93000
Kuching, Sarawak, Malaysia.

Operating hours:

Monday - Friday : 8.00 am - 12.00 noon

2.00 pm - 5.00 pm

Saturday : 8.00 am - 12.00 noon

OUR SERVICES:



**Individual
Counselling**



**Family
Counselling**

**Couple
Counselling**



**Group
Counselling**



To schedule an appointment, please contact:



082 258 046



018 353 9799 (Kimberly) , 018 252 9899 (Nelly)



sjckch.counsellor@gmail.com

The centre is closed on Sundays, Public Holidays & Church Holy Days of Obligation.
Love-offerings for the church will be collected from clients.

SJC COUNSELLING CENTRE also run support groups for:

- Cancer survivors and caregivers
- Grief, bereavement and trauma



KUCHING CATHOLIC CEMETERIES AND COLUMBARIA SERVICES

It all starts with charity.

Seeking your generous and kind contribution to maintain and improve the facilities within the compound of all our cemeteries.

The Custodian
Rev. Fr Vincent Chin



TO DONATE

ONLINE TRANSFER

The Archbishop of Kuching
Maybank Account

No.: 5112 5200 0808

- Remark "For KCCCS"
- WhatsApp to 016-8899237 proof of transfer if you need receipt.

OR

Drop KCCCS envelopes into the collection bags during weekend masses at any parish in the Archdiocese.



APPEAL FOR DONATION

APPEAL FOR DONATION TO THE KUCHING CATHOLIC CEMETERIES & COLUMBARIA SERVICES (KCCCS) - The Custodian of KCCCS is appealing for your generous donation for the maintenance and upkeep of our Catholic cemeteries and improvement of its facilities. Please support!

S PAY GLOBAL / SARAWAK PAY QR CODE STICKERS on the Church pews are made available for the convenience of our parishioners and also to facilitate weekend Mass collections. However, these stickers quite often need to be replaced because they were found partially torn or defaced. We appeal to parents not to let your young children play, tear or draw on these stickers.



THE ARCHDIOCESE OF KUCHING
INVITES YOU TO SUPPORT THE



BUNAN RESILIENCE PROJECT

Join the Bunan Resilience Project and savour the flavours of nature's bounty! Together, let us help our local farmers build economic resilience against external threats and the challenges of climate change.

Embrace fresh, homegrown delights while uplifting an entire community!

参与布南韧性项目，品尝大自然的恩赐。让我们一起支持我们的农民，建设经济复原能力来抵抗外部威胁和无常的气候。享受本土新鲜种植蔬果，提升社区经济效益。



Sertai Projek Daya Tahan Bunan dan nikmati kebaikan hasil alam semula jadi! Marilah bersama membantu para pekebun tempatan membina keteguhan ekonomi terhadap ancaman luar dan cabaran perubahan iklim.

Nikmatilah hasil tanaman tempatan yang segar sambil membangunkan seluruh komuniti!

www.kuchingjc.com

THE BUNAN RESILIENCE PROJECT is a pilot project of the Archdiocese of Kuching to support the farmers of Bunan by marketing their produce in Kuching. By doing so, we help them to remain economically resilient in the face of growing uncertainties. Visit <https://kuchingjc.com/> and order fresh, locally-grown produce for your family while supporting an entire community!

Orders received by Thursday noon each week can be collected on Saturday mornings at either the A.C.C.P.C. Car park (St. Joseph's Cathedral ground) OR Holy Trinity Church, Kenyalang. Payment is by cash during pick-up. In the future, we hope to establish more pick-up centres at other parishes. **Come support the Bunan Resilience Project TODAY!**

OPENING HOURS

Church Offices	SJC Parish Office	SJC Catechetical Office	Archdiocesan Library & History Gallery
Monday to Friday	8:00 am - 12:00 noon, 2:00 pm - 5:00 pm	8:00 am - 12:00 noon, 2:00 pm - 5:00 pm	9:00 am - 12:00 noon, 1:30 pm - 5:30 pm
Saturday	8:00 am - 12:00 noon, 2:00 pm - 4:30 pm	8:00 am - 12:00 noon	2:00 pm - 6:00 pm
Contact Nos.	082-423424 / 423425 (Front Office Staff: Annie / Joanna) WhatsApp: 082-423424 OR go to https://wa.me/6082423424 Email: sjcoffice@yahoo.com.my	082-412650 (Catechetical Staff: Sarah / Ronita / Angeline) WhatsApp: 082-412650 Email: sjckch.faihthformation@gmail.com	082-420802 (Library Staff: Olivia Inoi)

Note:

- *The above offices are closed on Sunday, Public Holiday & Church Holy Days of Obligation.*
- *For sick calls after normal office hours, please contact Hp: 016-8922633.*

HOLY CROSS CENTRE (located at No. 681, Lorong 1, Jalan Bayor Bukit, Tabuan Jaya, 93350 Kuching. Tel.: 082 363945) is open **every Monday, Tuesday and Wednesday** from **9:30 am till 12:30 pm**. Praying over and consultation will be done at the porch area. *The centre is closed on public holidays, major Church feast days, or otherwise informed.* The Holy Cross Ministry's weekly Fellowship is held every Tuesday 7:30 pm to 9:00 pm at Sts. John & Lucy Conference Hall, Level 2, A.C.C.P.C. (except on public holidays).

DAILY MASS & HOLY HOUR SCHEDULE

Venue	Daily Mass	Holy Hour
Carmelite Chapel	Monday - Saturday, 7:00 am (English)	Friday, 7:30 pm (English)
Weekday Chapel, St. Joseph's Cathedral	Monday - Friday, 5:30 pm (English)	-

WEEKEND MASS SCHEDULE

Venue	Day	Time	Language	Remarks
St. Joseph's Cathedral	Saturday	6:00 pm	English	● Car park in front of the Cathedral is RESERVED for cars ferrying elderly passengers, particularly those with special needs and those with walking difficulty.
	Sunday	7:00 am*	English	
		9:00 am*	Mandarin	
		11:00 am*	BM	
		5:00 pm	English	● After Mass, the back gate next to the Sarawak Club will be opened for cars to exit the Cathedral compound.
Carmelite Chapel	Sunday	8:00 am	English	

***Live-stream Mass**

Please go to <https://www.facebook.com/arch.kuching>

GENERAL REMINDER

Parishioners are reminded to show reverence to the Lord and consideration for others as follows. We seek your kind cooperation and understanding so that we can all worship comfortably as a Church:

- Please **arrive early** and be seated at least 10 minutes before Mass begins to avoid causing unnecessary interruption or distraction.
- The sacredness of the Eucharistic celebration urges all participants to **dress appropriately** when entering the Church for Holy Mass and manifest the importance of what we are doing as a worshipping community.
- **Wearing of face masks** in Church is no longer mandatory but **highly encouraged**, especially in crowded and closed environment.
- **Those sick** with flu-like symptoms (e.g. fever, cough, runny nose, etc.) are to exercise prudence and **refrain from joining the congregation in Church**.

PROPER ATTIRE



T-SHIRT OR
LONG SLEEVES



BLOUSE WITH SLEEVES



POLO SHIRT
OR COLLARED SHIRT



KNEE-LENGTH DRESS
WITH SLEEVES



JEANS OR SLACKS



KNEE-LENGTH SKIRTS



SHOES

IMPROPER ATTIRE



SLEEVELESS AND
PLUNGING NECKLINES



TUBES AND
RACERBACKS



SINGLETS



SHORT SKIRTS



SHORTS



CAP



SLIPPERS

WEEKLY MASS COLLECTION AND DONATIONS

Parishioners are encouraged to contribute weekly to help defray the Cathedral's operations and maintenance cost.

Please make your donations via **S Pay Global** by scanning this QR code. Verify that the recipient is '**St. Joseph's Cathedral**' before confirming the transaction.

You may also drop your weekly donations into the big wooden Collection Boxes placed at the Cathedral entrances OR do **online transfer or cash deposit** to St. Joseph's Cathedral Bank Account as follows:



St. Joseph's Cathedral

Archbishop of Kuching Saint Josephs Cathedral

Maybank Bhd Account Number: 511038613081



PENITENTIAL SERVICES - Priest will be available to hear confessions half an hour before the Sunset and Sunday Masses at the Blessed Sacrament Chapel. Please maintain physical distancing and do not congregate at the area while waiting for your turn to make your confession.

Kindly adhere to the following SOP. Penitents are to:

- ☒ Keep face mask on at all times if sick or have flu-like symptoms.
- ☒ Be well-prepared to make confession without undue delay.
- ☒ Perform penance after returning to seat in the Church.

THE NOVENA DEVOTION TO OUR LADY OF PERPETUAL HELP is held **every Saturday at 5:00 pm** before the 6:00 pm English Sunset Mass at St. Joseph's Cathedral. All are welcome. Those attending only the Novena are to be seated at the loft opposite the Choir. Parishioners can also submit your petition request or letter of thanksgiving through the google online form at <https://forms.gle/oTqtZMQsr1hC5PDr6>.

ONLINE CALVARY HOUR OF MERCY

Day	Language	Time	Zoom link
Sunday	English	2:55 pm - 4:00 pm	https://us02web.zoom.us/j/86178307498?pwd=UVZ6MTdJSmRyeDZwUTMweC95UFBDdz09 Meeting ID: 861 7830 7498 Passcode: prayhour
Monday	English		
Tuesday	Mandarin		



3 O'CLOCK

THE HOUR OF GREAT MERCY

**YOU are invited to our
Daily Devotion to
THE DIVINE MERCY**

Time: 3pm

Venue: Day Chapel, St. Joseph's Cathedral

DIVINE MERCY PROMISES

**"...you can obtain everything
for yourself and for others for
the asking;
it was the hour of grace
for the whole world."**

**"... Through the CHAPLET
you will obtain everything,
if what you ask for is
compatible with My will."**

**"By means of this IMAGE I shall grant many
graces to souls. It is to be a reminder of the
demands of My mercy, because even the
strongest faith is of no avail without works."**

**"Tell me about everything, be sincere in dealing
with Me, reveal all the wounds of your heart.
I will heal them, and your suffering will become a
source of your sanctification.**

A suffering soul is closest to My Heart."





~耶稣我信赖祢~

华语

上主慈悲敬礼



每逢周六下午三时正
于

圣若瑟堂区中心二楼

圣母玛利亚祈祷室

欢迎教友们踊跃参加

DIVINE MERCY DEVOTION IN MANDARIN is held every Saturday, 3:00 pm at Mother Mary Prayer Room, 1st floor, Parish Centre. All are welcome!

DONATIONS FOR THE UNDERPRIVILEGED - Please continue to support the **Catholic Welfare Services** financially as we minister to the poor and needy in our midst irrespective of race or creed. You may donate to C.W.S. via **S Pay Global** by scanning this QR code. Verify that the recipient is '**Catholic Welfare Services**' before confirming the transaction. Donations can also be made via **online transfer** or **cash deposit** to the following:



Catholic Welfare Services

Catholic Welfare Services Council Sarawak
Maybank Bhd Account Number: 511234019806

Please contact or WhatsApp **Ms. Angelina William Hp: 010-6581641 / Tel: 082-241407** once you have made the donation. Tax exemption receipts will be issued upon request.

BAPTISM OF BABIES is conducted in English or Bahasa Malaysia in the Cathedral. **Parents with babies to be baptised are to register online at <https://forms.gle/ZjZiWzERHGrMgYN87>** and upload the scanned copy of all the required documents stipulated below:

Parents	Sponsor (Godparent)
<ul style="list-style-type: none">✓ Your child's Birth certificate or Adoption certificate✓ MyKid (if any)✓ Family Record Book	<ul style="list-style-type: none">✓ MyKad (or Passport)✓ Baptismal certificate✓ Confirmation certificate✓ Family Record Book or Marriage certificate (issued by Catholic Church)

Only Parents who have submitted complete set of the required documents will be accepted and the Parish Office will inform you when and where to attend the Rite of Baptism in due course. You will then be required to send in your original Family Record Book for updating before the actual rite.

According to Canon Law # 874, a Sponsor (Godparent) must be a baptised, confirmed and practising Catholic. If married, his / her marriage must already be blessed in the Catholic Church. (This does not apply to those who were not Catholics [both husband & wife] at the time of their civil marriage).

THE SSVP THRIFT SHOP is open **every Sunday** from **10:00 am to 1:00 pm**. All proceeds will be for the poor and needy. Please support!

REMINDER TO ALL DONORS

Kindly donate goods & clothing that are in **decent and sellable condition** to the SSVP Thrift Shop. Your kind understanding and cooperation is greatly appreciated.

SARAWAK GENERAL HOSPITAL (SGH) APPEAL FOR BLOOD DONATION

Parishioners are encouraged to donate blood at **SGH Blood Bank anytime from Monday to Friday, 7:30 am till 4:00 pm**. For inquiries, please call the SGH Blood Bank Tel. No.: 082-276797 or 010-8578909 (Mr. Borhan).

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Parish: Archdiocesan Curia and Cathedral Pastoral Centre

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